



Health & Wellness



How to Complete Your Wellness Screening

At a Patient Service Center (PSC)

Quest Diagnostics has 2,200 convenient PSC locations across the country.

Schedule a PSC appointment at
<https://www.myuhc.com/>.

- Click on the tab **Health Resources**
- Scroll down to the **Programs** section and select the **Get Screened** program file
- You will arrive at the Quest Diagnostics site. Complete the screens that follow to finish the registration process
- On the dashboard, select the **PSC** screening option in the **Wellness Screening** section

With a Physician

If you are unable to make an onsite or PSC appointment, have your physician complete a Physician Results Form.

Download a Physician Results Form at
<https://www.myuhc.com/>.

- Click on the tab **Health Resources**
- Scroll down to the **Programs** section and select the **Get Screened** program file
- You will arrive at the Quest Diagnostics site. Complete the screens that follow to finish the registration process
- On the dashboard, select the **Physician Form** screening option in the **Wellness Screening** section

With Qcard™

If you are unable to make an onsite or PSC appointment, request at-home test materials to complete your screening.

Request at-home test materials at
<https://www.myuhc.com/>.

- Click on the tab **Health Resources**
- Scroll down to the **Programs** section and select the **Get Screened** program file
- You will arrive at the Quest Diagnostics site. Complete the screens that follow to finish the registration process
- On the dashboard, select **the At-Home Kit** screening option in the **Wellness Screening** section

Completing your wellness screening is easy and convenient. You will receive current and accurate lab results that you can share with your doctor. We hope you take advantage of this service available at no additional cost to you.