Jefferson Parish Parks & Recreation
Westbank Summer 2020

May - August

Something For Everyone...
Athletics
Cultural
Fitness

2020 Enhancement Summer Camp

Session I: June 1 - 26 Session II: July 6 - 31

Kings Grant...Oakdale...PARD...Terrytown

Mon - Fri...Camp Hours...9:00a - 3:30p

Fee: $325 per camper per 4 - week session

Disabled Population

Camp Sunshine (Ages 8 - 13)

Camp Moonbeams (14 & up)

Session 1: JUNE 1 - JUNE 26

Session 2: JULY 6- JULY 31

Nicholson Playground Rm 101

Mon - Fri, 7:30 - 5:00

Camp Fee: $300 per camper per session

Register in March....Baseball/Softball

Boys' Ages 5-18 (Age Determining by 5/1/2020)
Boys' Age 19 (Age Determining by 8/1/2020)
Girls' Ages 7-18 (Age Determining by 1/1/2020)
Girls' Ages 5-6 (Age Determining by 5/1/2020)

Adults Athletics...

Belle Terre Playground

Men's Softball.....Mondays

Women's Softball...Wednesdays

Team Entry Fee: $250

Weekly Umpire Fee: $32

Co-ed Cabbageball.....Fridays

Team Entry Fee $250

Weekly Umpire Fee: $20

Babe Ruth 11-12 Westbank Champs "Terrytown Fighting Irish"

Greetings: A publication of the Jefferson Parish Department of Parks and Recreation which is dedicated to enhancing the quality of life in our community by offering various programs, activities and facilities for the citizens of Jefferson Parish.

How to Contact Parks and Recreation

By phone:

Eastbank - 736-6999

Westbank - 349-5000

Lafreniere - 838-4389

By Email:

www.jprecreation@jeffparish.net

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Americans with Disabilities Act

In accordance with provisions of the Americans with Disabilities Act of 2008, as amended, Jefferson Parish shall not discriminate against individuals with disabilities on the basis of disability in its services, programs, or activities. If you require aids or devices, or other reasonable accommodations under the ADA Amendments Act, please submit your request to the ADA Coordinator (below) at least 48 hours in advance or as soon as possible. [NOTE: 72-hour advanced notice required to request a certified ASL interpreter.] Jefferson Parish Office of Citizens with Disabilities ADA, Coordinator, 1221 Elmwood Pk. Blvd Suite 210, Jefferson, LA 70123 (504) 736-6086 Email: ADA@jeffparish.net

Photo Policy:

Photographs are periodically taken of participants while engaged in programs, special events, or enjoying the parks. Please be aware that these photos may appear in the local newspaper and/or our publications (such as this one) or presentations. If you prefer that we not use your photo, please let the photographer know.

Registration Policy

1. No confirmation of registrations sent. Report to class unless otherwise notified.
2. Classes that have not met minimum enrollment are subject to cancellation, you will be notified if cancelled.
3. Only paid participants allowed in class.
4. REFUNDS - No refunds given 3 working days before an activity begins. A service charge of 10% will be levied on all refunds. NO CASH refunds given…a check will be mailed within 4-5 weeks for those paid using cash or check; accounts will be credited if you paid using a card.
5. PAYMENTS must accompany the registrations. For mail-ins - make check or money order payable to JPRD. Discover, Visa, or MasterCard accepted online or in our office only.
6. $20 NSF fee will be assessed on returned checks.
7. CANCELLED classes by JPRD during a session will be rescheduled by extending the sessions and/or changing the class day/time

Walk-in & Mail-in Registration: Pre-registrations are required for most classes. Registrations posted on a first come, first serve basis. The main office is open Monday thru Friday from 8:00 am - 5:00 pm. Registration is taken at the main office during office hours at 7437 Lapalco Blvd., Marrero.

Internet Registration: JPRD introduced a new online software program Rec1. Participants will create a new account by going to **www.jprd.org.** Register for most classes, including camps, using a Discover, Visa or MasterCard. Some classes with special requirements are not available for online registration. For these classes, camps and programs please register by mail or in person at our office.

Interested in Teaching or Coaching?

Have a skill and would like to share it with others? If you are qualified and would like to teach a program, please contact us - we will be glad to discuss your ideas! If coaching or assistant coaching is of interest to you, call or email us!

Liability: Injuries are to be reported to the instructor and playground personnel as soon as possible. Medical reimbursements insurance has been incorporated into class fees, except in some programs, such as athletics, Golden Age, and Alternative Programs where participants pay a medical reimbursement insurance fee before participating. Claim forms can be obtained from the playgrounds or from our office

Reservations

Reservation Policies:

1. Reservation must be requested 5 working days in advance.
2. Reservations accepted Monday-Friday from 8:30a.m.-4:00p.m.

Rules and Regulations:

1. Profit-making functions not allowed except for JPRD or playground booster functions or sanctioned events.
2. No publicity, tickets, or invitations can be issued until reservation application and publicity is approved by JPRD.
3. We reserve the right to:
   a. Pre-empt any activity for a JPRD function and will attempt to notify you as far in advance as possible.
   b. Cancel any previously confirmed booking for violation of these rules.
4. All JPRD facilities are SMOKE FREE.
5. Cancellations must be requested in writing, 10 working days in advance-$20 fee charged.
6. No mechanical or live animal rides; no water play equipment (such as water slides, splip-n-slides, etc.)
7. Liability coverage (minimum of $1 million required for Space Walks and/or other such appartus).
8. No boiling and/or frying of food. Seafood debris must be put into dumpster or trash cans. No boiled seafood for indoor reservations.

Beverages:

1. No glass containers allowed.
2. Any function consuming alcohol or having a large number of people will be required to have a Jefferson Parish deputy on duty. Arrangements will be made at the time of the reservation.

Organized Activities

Organized and formed classes and activities not offered or booked with JPRD are PROHIBITED. This is a direct conflict with our programs and violators will be removed from Parish property.

Art Start (Age 6-12) *June 6-July 25*

Art Start is for the artist inside your child! Participants will utilize colorpencils and an art pad to learn the art of drawing shapes and objects. Participants will guide each other in the art process under the guidance of instructor, Ms. Penny Baker. Ms. Penny will bring a picture to class and participants will unleash their imaginations on their art pad. A $15 supply fee is due at the first class. ***No class June 13, July 4, & July 11***.

6 classes-$40 Instructor: Penny Baker

Once Upon a Doodle (Age 4-12)

Under the instruction of a professionally trained and experienced artist, Doodlers ages 4 - 12 will explore their creativity by completing multiple works of art through a variety of mediums and techniques, such as watercolor, acrylic, pastel, sculpture, collage and more. The session will culminate in an exciting once upon a Doodle Art Show, during which every Doodler will have the opportunity to show their masterpieces off to their family and friends! $20.00 supply fee due at the beginning of the first class.

6 classes-$90 Instructor: Brooke Lovell Henson

Estelle Plgd., Rm. 101

Age 4-7: Monday, 6-7p, June 29-Aug. 3

Age 8-12: Wednesday, 6-7:30p, July 8-July 29

Crochet & Knitting (Age 16+)

Crocheting is the art of making a piece of needlework by looping thread with a hooked needle. All interested beginners, intermediate, and advanced persons are welcomed to join this class. Beginners will make a baby afghan; beginners need to bring a size "I" (as in igloo) hook and (8) eight skeins of 3.5 oz worsted weight yarn (pattern will be given in first class). Intermediate and advanced students can bring a pattern and supplies or make a full size afghan; please bring a size "I" (as in igloo) hook and (8) skeins of 7oz. worsted weight yarn (pattern will be given in first class). Supplies can be purchased at JoAnn's Fabrics, Walmart, Michael's, and Hobby Lobby.

6 classes-$66 Instructor: Mary Ann Singleton

Belle Terre Plgd., Rm. 101 Thursday, 6-8p

May 21-June 25 & July 2-August 6

Sewing for Beginners (Age 8+) *Instructor: Edith Jupiter*

Participants will learn how to thread needles, how to thread a sewing machine, basic stitches used in repairing and making clothes and other items (stitching straight line, backstitches and zig-zag), sewing various buttons, how to read and lay a pattern, and sewing safety. Once participants have the basic knowledge of sewing, they will complete a small project to test their sewing skills. Handouts will be given on basic sewing. Supplies: basic sewing kit, ½ yard of fabric, 16" pillow insert, thread, and piping (optional). Supplies can be purchased at Walmart, JoAnn's Fabrics, Michael's, and Hobby Lobby.

1 class-$35 Pard Plgd., Rm. 101

Age 8 to 14:	Saturday, 9a-12p,	June 13, July 18, & Aug. 15
Age 15+:	Wednesday, 5:30-8:30p,	June 17, July 15, & Aug. 12

Intermediate Sewing (Age 8+) *Instructor: Edith Jupiter*

Participants will integrate what they learned in Sewing for Beginners by sewing a project of their choice. Participants will learn the blind hem stitch and how to insert a zipper. Participants will receive handouts on intermediate sewing skills. Supplies: basic sewing kit and one of three patterns (Lounge Pants Simplicity #8022, Tee Shirt Simplicity #8177, Skirt McCall's #3830). Supplies can be purchased at Michael's, Hobby Lobby, JoAnn's Fabrics, and Walmart. 1 class-$35 Pard Plgd., Rm. 101

Age 8 to 14: Saturday, 9a-12p, June 27, July 25, & Aug. 29

Age 15+: Wednesday, 5:30-8:30p, June 24, July 29, & Aug. 26

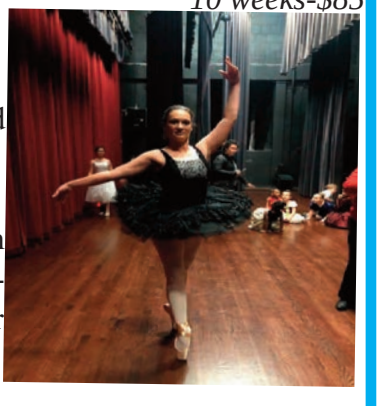
Ballet I (Age 3 to 6) *10 weeks-$45*

This class is for students, ages 3 to 6. Ballet I introduces the student to basic ballet positions, terminology, and movements. Students learn how their bodies can move as a unit and how they can move different parts of their bodies separately yet in unison. Ballet movements are learned through a structured play environment with musical accompaniment. Students may utilize the "Barre" and are introduced to head movements, "left" and "right" exercises, turning and traveling. Attire: Girls: black leotard, pink tights, pink ballet shoes. Hair must be worn in a bun/short hair must be secured away from face. No skirts or tutus allowed! Boys: white t-shirt, black ballet OR jazz shoes, black or white socks, black athletic OR yoga pants. Boys may wear athletic shorts in summer. No sweatpants allowed; **Note: Children who are motivated and toilet trained can be accepted into this level after instructor assessment.**

Oakdale Plgd., Rm. 103 Instructor: Bridget Himel

Tuesday, 5:30-6:30p June 2-July 28

Ballet I (Age 7+) *10 weeks-$85*



This level typically consists of students who are at least 7 years old and have minimum previous ballet experience and typically remain at this level for several years. Students participate in a full barre exercise (usually 45 minutes) in addition to practicing floor techniques and traveling techniques that will prepare them for performances and more complex variations. Students begin to undertake basic turns at this level and should have a good grasp of the technique. Attire: Girls: black leotard, pink tights, pink ballet shoes. Hair must be worn in a bun/short hair must be secured away from face. Boys: white t-shirt, black ballet OR jazz shoes, black or white socks, black athletic OR yoga pants. Boys may wear athletic shorts in summer.No sweatpants allowed. No skirts or tutus allowed. **Entry into Ballet II is determined by instructor assessment. Students in Ballet II are required to attend class twice a week.**

Oakdale Plgd., Rm. 103 Instructor: Bridge Himel

Tue & Th, 6:30-7:30p June 2-July 30

Computer and Internet Basics (Age 15+)

5 weeks-$35

Learn the basics of your computer (operating systems, keyboard skills, etc.) and the internet (email, web browsers, etc.) Participants must bring a laptop or a tablet to class.

Terrytown Plgd., Rm. 201 — Instructor: Venesta James
Wednesday, 6:30-8:30p — May 27-June 24

Microsoft Office Basics (Age 15+

5 weeks-$35

Learn the basics of Word, Excel, PowerPoint and other programs in Microsoft Office in this 5 weeks course. Participants must bring a laptop or tablet with Microsoft Office installed to class.

Terrytown Plgd., Rm. 201 — Instructor: Venesta James
Wednesday, 6:30-8:30p — July 15- Aug. 12

Cricut-Learn Design Space (Age 15+)

2 classes-$40

Learn how to use your Cricut Design Space with your Cricut Explore or Cricut Maker! Participants will learn how to cut, draw, score, layer, group, attach, slice, weld, flatten, and contour. Participants will create a project in each class using the Cricut. Beginner and intermediate participants welcomed. Supplies: Cricut Explore or Cricut Maker, USB cord, power cord, Cricut tools (blue or green cutting mate, pen, scoring tool, weeding tool, scissors, and scraper), laptop with Bluetooth (NO IPADS), USB mouse, and personal hotspot (located on cell phone).
$10.00 Supply Fee due the first class.

Pard Plgd., Rm. 101 — Instructor: Cheryl Breaux
Monday & Tuesday, 6p-8p — Monday & Tuesday, 10a-12p
May 4-May 5 (*6:30p-8:30p*) — May 11-May 12
June 1-June 2 — Aug. 10-Aug. 11
June 22-June 23
July 6-July 7
July 13-July 14

Speciality Cricut-Learn Design Space (Age 15+)

1 class $20

Individuals will design and create holiday designs to create personalized gifts. Cricut Explore or Cricut Maker, USB cord, power cord, Cricut tools (blue or green cutting mate, pen, scoring tool, weeding tool, scissors, and scraper), laptop with Bluetooth (NO IPADS), USB mouse, and personal hotspot (located on cell phone). For more information on each class and to view class fees, please log on to www.jprd.org.

Pard Plgd., Rm. 101 — Instructor: Cheryl Breaux
Father's Day Card-June 8, 6p-8p
Father's Day Mug-June 9, 6p-8p
4th of July Shirts-June 29 & June 30, 6p-8p
Personalized Notebooks-July 27 & July 28, 6p-8p
Tote: August 24, 10a-12p & 6p-8p

Journal Making (Age 16+)

1 class-$65

Transform an ordinary hard cover book into a one of a kind journal! Participants will utilize specialty and scrapbook paper, adhesives and hand sewn binding methods to make a simple, highly customizable journal. Participants will explore sizes (standard, passport, cashier, etc.) that fits his or her personality while using upcycled supplies! With the addition of collage, fabric, lace, paint, ink, and stamps, you will turn simple materials into a unique and fun journal to save your thoughts and memories.The journal can also serve as a family heirloom, souvenir, or special gift. A $20.00 instructor fee is due at the beginning of class. Please bring a heat tool to class.

Kings Grant, Rm. 101 — Instructor: Julie Vullo
Saturday, 10a-12p — June 20

Decoupage 101 (Age 16+)

1 class-$25

Decoupage is the use of various adhesives on paper and tissues and then applied to wood, envelopes, pockets, tucks, cards, etc. to create a beautifully inspired vintage look. Participants will utilize papers of various types and weights, heat tools, embossing folders, ink, paint, and stamps. Participants are welcomed to bring choices of photos, paper, and fabrics. Kings Grant, Rm. 101, — Instructor: Julie Vullo
Thursday, 7-9p — June 11

Embossing 101 (Age 16+)

1 class-$15

Participants will learn how to create amazing textured backgrounds on aluminum, cardstock, and fabric for sentimental gifts and even learn how to create your personalized stationary (e.g. greeting cards, art journals, etc.). Participants will learn techniques, tips and tricks for embossing by utilizing powders, pastes, heat guns, irons, folders, inks and stamps to create a professional, finished design. Embossing is a versatile technique that can be used in almost any art project! This class is an introductory level; intermediate and advanced students are welcome! $20.00 instructor fee is due at the beginning of class. Please bring heat tool to class.

Kings Grant, Rm. 101 — Instructor: Julie Vullo
Thursday, 7-9p — August 13

New Orleans Media Spread

1 class-$20

K&B, Mr. Bingle or DH Holmes ring a bell? If so, take this class! Create a page of your earliest New Orleans memories! Participants will cut an authentically unique 12x12 page down to size or use as is in journals, memory books or in any art project of choice. Participants will utilize New Orleans inspired vintage photos, ephemera (used paper), textured paper, fabrics, lace, trim, ink, paints and stamps. $20.00 Instructor Fee due at the beginning of class. Participants needs to bring embellishments, ephemera (used paper) (participant choice) to personalize page.

Kings Grant, Rm. 101 — Instructor: Julie Vullo
Saturday, 10a-12p — July 18

Bestbank Junior Chef Class (Age 7-15)

3 classes-$36

Class is a hand on fun cooking class. The chef teaches participants how to make delicious meals from ingredients that most people already have in the fridge and pantry. The class is for anyone who's interested in learning to cook an opportunity to do so and runs continuously throughout the year. The cost for three weeks has the food fee built into it.

Terrytown Plgd., Rm. 204 — Instructor: Jacob Cherry
Thursday, 6-8p — August 13-August 27

Beginners Ceramics (Age 7-15)

3 classes-$33

Participants will choose their own pieces and work on them from start to finish. Participants can expect to finish 3 to 8 pieces during this time, depending on size and details of each piece. Spots are lim ited and it is important to pre-register.

Terrytown Play. Rm. 203 — Instructor: Jacob Cherry
Tuesday, 6-8p — August 4-August 25

Bearded Dragon Martial Arts (Age 7+)

8 weeks-$60

Learn how to defend yourself and Shotokan Karate! Students will learn effective self-defense using blocks, kicks, and punches. Board breaking and weapons will also be taught. Come to class wearing loose comfortable clothing..

Uniform/T-Shirt separate fee.

Estelle Plgd., Rm. 100
Instructor: Sensei Gage Brouillette
Tu & Th, 6:30-7:30p
May 5-June 25 & June 30-Aug. 20

Lil Dragons Martial Arts (Age 5-6)

8 weeks-$60

Learn how to defend yourself and Shotokan Karate! Studentswill learn effective self-defense using blocks, kicks, and punches.

Uniform/T-Shirt separate fee.

Estelle Plgd., Rm. 100 Instructor: Sensei Gage Brouillette
Tu & Th, 6-6:30p May 5-June 25 & June 30-Aug. 20

Zumba with Lisa (Age 16+)

Instructor: Lisa Pirie

Are you looking for a way to work out that is fun and does not feel like working at all? Then come to our Zumba party! The reason is simple - every class is a party. You do not even have to know how to dance, just move your body and follow my lead. In addition, meet new friends in the process. It is easy - try it! I promise you will have a blast - watch out - you just might become addicted to it! "I DID!"

$ 45 - 1 class per week
$75 - 2 classes per week
$100- 3 classes per week

Kings Grant Playground, Room 200
Tue & Thurs. 6:00 -7:00 pm
May 5-June 25 & June 30-Aug. 20

PARD Plgd, Rm 201
Sat, 9:30-10:30 am
Mon & Wed. 9:00-10:00 am
May 27-July 18 & July 20 to Sept. 12

Fitness w/Val (Age 16+)

8 weeks-$40

Come join this energetic instructor for a Fun warm-up followed by a Fat Burning Aerobic workout. Get in better physical condition with a variety of alternating workouts. Lose inches, burn fat, and develop better cardiovascular fitness. Work the upper & lower body using weights, bands, crunches, and a variety of floor exercises. Class ends with a relaxing cool-down.

Terrytown Plgd., Rm. 202 **Instructor: Valliery Stanton**
Tu & Th, 6-7p May 5-June 25 & June 30-Aug. 20

TriYoga w/Barbara (Age 16+)

8 weeks-$50

Class is a complete form of Hatha Yoga. It is a union of posture (asana), breathing techniques (pranayama), and mudras (hand positions) which help focus one's attention inward to unite the mind, body and spirit. Tri Yoga includes relaxation-in-action with its unique wave-like movements.

Belle Terre Plgd., Rm. 101 **Instructor: Barbara Dupart**
Mon. & Wed., 5:15-6:15p Tu & Th, 9:30-10:30a
May 20-July 8 May 5-June 25
July 13-Sept. 2 June 30-Aug. 20

Low Impact Aerobics w/Lori (Age 16+)

8 weeks-$40

Instructional and motivating class that boosts your self-esteem and metabolism. Get into better physical condition with a variety of alternating workouts. Includes Low Impact, high intensity aerobics, circuit training, floor work and an intro to Boot Camp and Kick Boxing at a moderate pace. Including the newest of fitness POUND Rockout Workout with RipStix. Will need an exercise mat and remember to bring water!

Oakdale Plgd., Rm. 103 Instructor: Lori Gauthier
Mon & Wed, 6-7p May 18-July 8 & July 13-Sept. 2

The Leisure Service Division is in need of experienced instructors to teach the following classes: Gymnastics, Line Dance, Ballroom Dance, Language, Fitness, Culinary, and Ceramics. If you or someone you know is interested in teaching for the Recreation Department, please contact Leisure Service at (504) 349-5000.

AM Body Blast w/ Tashonna (Age 16+)

8 weeks-$53

Need a morning jump-start? A bit of exercise in the morning can rev up your metabolism all day long. You will feel more energetic and may sleep better. Most importantly, by exercising in the morning, you will be sure to get your workout in every single day before interruptions and distractions start up. This 1-hour class is dedicated to pushing your body to the next level. Boot mp/sports inspired style workouts include strength conditioning, muscle toning & development, plyometric and interval training. Some workouts may be outside on the track. Will need exercise mat and remember to bring water!

Oakdale Plgd., Rm. 102 — Instructor: Tashonna Robinson
M, W, & F — 9:00am-10:00am
May 18-July 10 — July 13-Sept. 4

H.O.P. with Zelda Harvey (Age 16+)

8 weeks-$53

Looking for a class that turns your weight loss journey into a success story? Look no further. Commit to one hour a day, three days a week, and join the many other participants who have become stronger, slimmer, and sexier all while exercising to a wide variety of music & different workouts to keep challenging the mind & body. This is a group setting which always makes exercising easier and keeps you accountable. All classes focus on a total body workout and may include high intensity/low impact aerobics, kickboxing, step, interval training, HIIT, boot camp, circuit training, toning & sculpting, stretching, and core strengthening. In order to achieve our full potential to be in our best shape, nutritional information is also distributed and discussed.

Oakdale Plgd., Rm. 102 — Instructor: Zelda Harvey
M & W, 5-6p & Sat., 9-10a — Tu & Th, 6-7p & Sat., 9-10a
June 1-July 25 — June 2-July 25
Aug.1-Sept. 26 — July 28-Sept. 26

Basics of Tennis

All classes held at Terrytown Playground Tennis Courts 5 & 6.

A time of fun, fundamentals and fitness. Minimum of 6 per class. Little or no experience needed. Includes basics such as grip, positioning, stroke, and scoring. 2 weeks after class ends are reserved for any makeup classes. Must bring a racquet and one can of tennis balls. **Instructor: Christoph Bajewski** **Mondays**

Session I: April 7-May 26 — Session II: June 9-July 28
Child (6-12) 5p-6p — Child (6-12): $50
Teens (13-17) 6p-7p — Teens (Age 13-17): $50
Adults (18+)7p-8p — Adults (18+): $60

Private Tennis Lessons

Available upon request. $60 single or for doubles $35 each per hour. To schedule, call 349-5000, ext. 87216 or dlauland@jeffparish.net

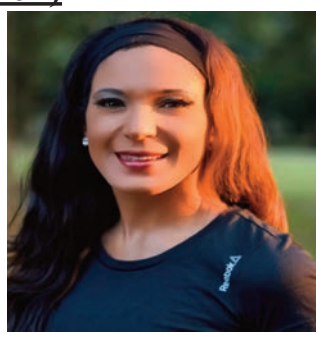
Aqua Fitness (Age 15+)

4 weeks-$20

Join us early in the morning Monday through Thursday from 8-9am to have fun and get fit at Johnny Jacobs Pool.

Johnny Jacobs Pool — Instructor: Dawn Lauland
Monday-Thursday — 8am-9am
June 1-June 25 — July 6-July 31

Cardio Dance Fitness w/ Ashlie (Age 16+)



This class is the definition of FUN FITNESS! Expect anything in this high energy class, sure to get you ready for the week ahead! This full body cardio workout is geared towards burning fat and boosting your metabolism! The music makes you forget you're working out, but the sweat dripping from your body will quickly remind you and leave you wanting more!

Terrytown Play., Rm. 202 **Instructor: Ashlie Gray**

M & W, 5:30-6:30p — Monday, 6:30-7:30p
8 weeks (M & W)-$40 — *8 weeks (Mon. only)-$20*
May 20-July 15 — June 1-July 20
July 20-Sept. 14 — July 27-Sept. 21

PiYo Live! (Age 16+)

4 weeks-$30

PiYo is a music- driven, mat-based workout, that will strengthen and tone as we move using a combination of yoga and Pilates inspired moves! This fat burning, muscle sculpting party is low impact and suitable for everyone. Please bring a yoga mat, towel, water, and your fun personality to class!

Pard Plgd., Rm. 202
Instructor: Tricia Boutte

Tuesday, 6-7p — Thursday, 6-7p
May 5-May 26 — May 7-May 28
June 2-June 30 — June 4-June 25
July 7-July 28 — July 2-July 30
Aug. 4-Aug. 25 — Aug. 6-Aug. 27

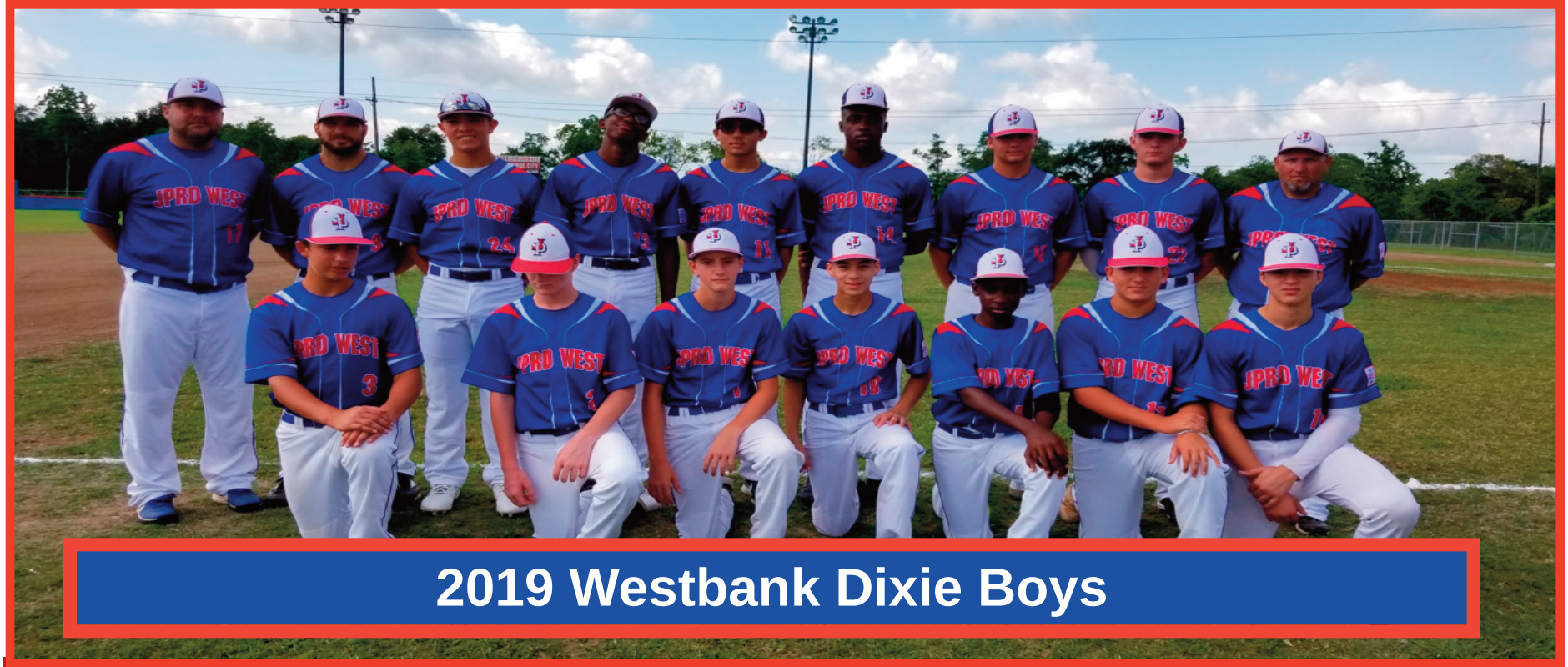
Strong Mind Hard Body, LLC (Age 13+)

8 weeks-$288

Strong Mind Hard Body Fit Camp incorporates cutting edge training designed to improve your physical conditioning, self confidence, coordination, and visual cognitive processing functions.

ALL fitness levels ages 30 and older seeking a small fitness class environment with a MAXIMUM of 12 people. I will challenge you at your fitness level then strategically elevate your performance. GUARANTEED mental and physical improvement at the end of your 8 week training session. **Additional Services:** Fitness Instructors and Athletic Coaches! Dr. Von's 'Coach' utilizes innovative cutting edge methodologies to assist you with training your clients and students My methodologies improve speed, agility, stamina, conditioning, coordination and visual cognitive processing functions.

Kings Grant Plgd., Rm. 200 — **Instructor: Dr. Von**
Mon. & Wed. 6:15-7:15 — **June 1-July 25**
Sat 9:30-10:30a — **July 27-Sept. 19**



2019 Westbank Dixie Boys

Adults Athletics
Belle Terre Playground
Men's Softball.....Mondays
Women's Softball...Wednesdays

Team Entry Fee: $250

Weekly Umpire Fee: $32

Online Registration JPRD.org

Terrytown 15-18 Westbank Babe Ruth Champions

2020 Enhancement Camp

Session I: June 1 - 26
Session II: July 6 - 31

Kings Grant...Oakdale...PARD...Terrytown

Mon - Fri...Camp Hours...9:00a - 3:30p
Fee: $325 per camper per 4 - week session

Kinder Camp Ages 3 - 5 ***Camper must be completely potty trained***

Enhancement Camp Ages 6-11

Senior Camp Ages 11-13 @ Kings Grant

Before Care: 7a-9a ***Included in camp fee***

Optional After Care: 3:30-6p Fee: $50

Structured Activities are from 9am - 3:30pm

Campers receive 1 camp shirt per summer.

Additional camp shirts are $5.00 each.

Bring daily drink and bag lunch.

Registration is first come, first serve

TWO WAYS TO REGISTER:
1. In Person at the Westbank Main Office, 7437 Lapalco Blvd., Marrero 70072 - Mon-Fri, 8:30 am-4:30 pm or online at www.JPRD.org
2. To guarantee your child's place in camp, all fees per camper per session must be paid in full by the following deadlines:
Session I: May 18, 2020 **Session II: June 22, 2020**
Make checks or money orders payable to JPRD ($20 NSF charge). Visa, MasterCard, & Discover accepted. CASH WILL NOT BE ACCEPTED.
4. Refunds/transfers must be requested one week prior to camp start date. **No Cash Refunds**. Check will be mailed in approximately 2-4 weeks. Debits are made to accounts for credit card payments. A 10% service charge may be levied.
5. Transfers made according to availability
6. No confirmations will be sent. Report to camp unless otherwise notified.

NO BULLYING POLICY ENFORCED

JPRD reserves the right to expel any child from camp whose behavior is unacceptable to include unable to follow directions and unable to interact with other campers in a socially acceptable manner. REFUNDS will not be given once camps begin including dismissed.

Disabled Population
Camp Sunshine (Ages 8 - 13)
Camp Moonbeams (14 & up)

Session 1: JUNE 1 - JUNE 26
Session 2: JULY 6- JULY 31
Nicholson Playground Rm 101
Mon - Fri, 7:30 - 5:00

Camp Fee: $300 per camper per session
Campers must be self-controlled, communicate effectively and be able to function in a small group independently. Must be mobility independent and able to attend to personal needs.

No online or mail-in registration accepted
You can check availability at JPRD.org Registration is only accepted at the West Bank Office 7437 Lapalco Blvd, Marrero Monday-Friday, 8:30 - 4:30 PM. Make checks payable to JPRD, Visa, Discover and Master card accepted Camp fee does include field trips and $35 non-refundable service charge.
The $7 annual insurance fee is required prior to participation in camp program. Campers will receive only one camp shirt per summer.

Activities: Arts & Crafts, Weekly Field Trip, Movies, Sports, Games, Special Events, Songs, Skits, Swimming & More

Ceramic Holiday Camp

Campers will learn how to do ceramics from start to finish and all supplies will be provided. Ceramic activities will take place from

7:30am-5:30pm
Ages: 4-13
Fee:$65
Terrytown Plgd., Rm. 203
Bring lunch and snack daily

June 29-July 2

Dance Camp

Participants will learn techinque, discover their strengths, and correct their weaknesses. At the end of camp, participants will know a jazz/hip-hop dance combo.

8:30am-3:30pm
Age: 6-14
Cost: $55
Kings Grant, Rm. 204
June 29-July 2

Volleyball Camp

June 29-July 2
$55 per camper
Ages: 7-14
9:00am-3:00pm
Terrytown Plgd., Gym

Camp is designed for beginners and experienced players that want to gain knowledge to take their game to the next level.

Bring lunch and snack daily.

Star Spangled Extravaganza

June 29-July 2
$75 per camper
Ages: 3-10
7:30am-5:30pm
Terrytown Playground
Structured activities: 9am-3pm

Campers will celebrate spring break in style with Arts & Crafts, movies, games, sports, outdoor activities, water day and much more! Please bring a lunch, snacks, and beverages daily.

Culinary Camp

Fun is the answer. No need to worry about packing breakfast, lunch, or snack since the campers will be making their own meals. Spots are limited.

Ages: 4-13
Terrytown Plgd., Rm. 204
7:30am-5:30pm Fee: $85
June 29-July 2

Johnny Jacobs Pool

5851 5th Street, Marrero
Pool Opens Sunday, May 24
Pool Closes Sunday, August 30

Public Swim Sessions
Tuesday-Sunday **Times Vary**
Cost: $2 per person, per session

Coast Guard approved toddler to adult size life jackets are available for use.
Proper swim attire required.
Certified lifeguards on duty during all swim sessions

Red Cross Certified Lifeguards needed !
Please contact Rachael Jonas at rachaelj@ym-caneworleans.org for more information.

JPRD/YMCA
Swim Lessons at
Johnny Jacobs Pool

Swim lessons will be offered for ages 3-12, teens, and adults. At Johnny Jacobs Pool-Gym: First come first serve. Must show Jefferson Parish Water Bill to prove residence. Parent/guardians can only register themselves and their dependents.

Please call (504) 568-9622 or email rachaelj@ymcaneworleans.org

Swim Lesson Registration dates TBA in April
Swim Lesson Dates and Times TBA in April

Individual camp group sessions are by reservation ONLY offered M-F, 10a-12p or 12p-2p. Fee: $50 per session
Call 349-5000, ext. 87216 to reserve your spot today!

2019 Camp Memories

WHAT IS THE DEVELOPMENTAL DISABILITIES PROGRAM?

Parks and Recreation offers recreational activities to people with developmental disabilities. The goals are to improve or maintain physical, cognitive, emotional and social functions and promote healthy, independent leisure lifestyles. Year-round programs are offered in classes, events, clubs, and camps. The programs stress choice,involvement and self-direction while offering recreational experiences, new challenges and socializing in a safe environment. To ensure safety and enjoyment of others in recreational programs, participants are expected to display appropriate behavior. The success of all recreation activities depends not only on good planning and instruction, but the conduct of participants. Appropriate behavior includes the ability to follow instructions and interact with others in a socially acceptable manner. Must be mobility capable and able to attend to personal needs. It is to be noted that the annual, non-refundable insurance fee of $7 must be paid before participating in any of these programs.

Family Fun Night!

(Age 13 +)

Bring your family for a fun night of games with your friends!

Friday, May 1

6:30p-8:30p

Terrytown Golden Age Center

Fee $10.00 per person

Pajama Movie Night!

(Age 13+)

Friday, July 24

Pajama Night = Movie Night!

Terrytown Golden Age Center

6:30-8:30p

Fee: $10 per person

Ice Cream Bingo!

(Age 14 +)

Friday, June 19

Ice - Scream

You - Scream

We all scream for Bingo!

Terrytown Golden Age Center

6:30p-8:30p

Fee: $10 per person

Black and Gold Pep Rally!

(Age 13+)

Friday, August 28

Grab your Saints gear as we cheer the Saints on for another great season!

Music by: DJ "EZ"

Terrytown Golden Age Center

6:30-9:00p

Fee: $10

Instructors Needed...Call Susan at 349-5000 ext. 87212 or shirschmann@jeffparish.net

Jefferson Parish Parks and Recreation's Golden Age Clubs are located throughout the West Bank area. There are 8 different clubs with members ranging in age from 50 to 100. Benefits in belonging to a Golden Age Club are: *Weekly/biweekly meetings Monday through Thursday - meeting activities include, but are not limited to, socializing, bingo, card games, darts, and discounted outings. *Club intramural sports help prepare for the Senior Olympics. *Special events which include theme dances, Bunco parties, quarterly Casino bus trips and annual vacation trips. Special events are for members and their guests. *It benefits your social life, your health and our community enactment.

Have a day job? We offer 2 night clubs at Nicholson and Waggaman

It is simple to join a JPRD Golden Age Club - just select a convenient location (Please note - the club name is not always the location of the club meeting). Then just show up at the meeting and check us out! It is that simple! NOTE: Some clubs are at Maximum capacity, however, you are welcome to join their club waiting list.

GOLDEN AGE MEETINGS . . .

Belle Terre Club.....Tues, 1:00-3:00 pm.....Estelle Senior Center
Bridge City Club.....2nd & 4th Wed, Noon-2:00 pm.....Bridge City Senior Center
Harvey Club.....Mon, Noon-3:00 pm.....Belle Terre Playground
Nicholson Club.....1st & 3rd Tues, 6:30 pm.....Estelle Senior Center
Oakdale Club.....1st & 3rd Wed, 10:00 am-1:00 p.....Oakdale Playground
Terrytown Club.....Thurs, 1:00-3:00 pm.....Terrytown Golden Age Center
Theta Club.....1st & 3rd Mon, Noon-3 pm.....Terrytown Golden Age Center
Waggaman Club.....1st & 3rd Thurs, 6:30-9:30 pm.....Bridge City Senior Center

COME GROW WITH US!

BRIDGE CITY GOLDEN AGE CLUB

Meetings: 12noon on the 2nd & 4th Wednesday of the month.

Bridge City Senior Center

Call Garry Vedros @ 349-5000

Golden Age Club "ON THE MOVE"

For more info...call Garry @ 349-5000 or gvedros@jeffparish.net

Senior Dance

A soft tap dance class open to anyone over 50. Comfortable, non-slippery tap shoes needed.

Instr: Margaret Schulthesis

(8 week session)
$24 - Golden Age members
$29 - Non Member

PARD Plgd, Rm 201
Wed, 6:00-8:00 pm
May 6-May 27
June 3-June 24
July 1-July 29
Aug. 5-Aug. 26

Call Dawn Lauland
504-349-5000

Parc des Familles

610 acre development!

6101 Leo Kerner Lafitte Pkwy, Marrero 70072 Open Daily - Hours change seasonally

Disc Golf Course

The new Parc des Familles Disc Golf Course, first envisioned in 2015, has been completed. The park offers a challenging 18 hole course, spread among 66 beautiful acres for players of all ages and skill levels. The course was designed to give players a varied degree of difficulty. Concrete tee pads, tee signs, and disc catcher baskets have been installed for the player's use. There were grading, excavation, and embankment projects to give the course definition. Since opening in May of 2018 disc golfers from all over the country have come to play. The entrance is located on the main road through the South Gate.

Parc Des Familles is getting a new Spray Park and Dog Park. Please, pardon our progress.

PARC FEATURES

Boardwalk and Picnic Area

The park offers a 2,000 foot wooden boardwalk that winds through native trees and marsh. There is a picnic area with pavilions and a restroom building near the boardwalk.

Estelle Playground is located on the north end of Parc des Familles is a fully functioning playground with a Quadraplex of 4 ball fields with a pressbox/concession stand building, a batting cage, covered bleachers and a gym building.

Lafreniere Park

155 acres of beauty for all to enjoy located
3000 Downs Boulevard, Metairie, LA 70003
504-838-4389 www.lafrenierepark.org
Open Daily: 5:00am until 9:45pm
Office Hours: Mon-Fri 8:00am-5:00pm
Reservations taken 8:00am-4:30pm

Rent-A-Park

We have so much to offer! Some rooms and shelters are available for rental by individuals, clubs, organizations, and companies, when not secured for Parks and Recreation programs, at a very reasonable rate. Availability and locations are limited. Please call one of our facilitators to assist you.

(See Reservation Policies below)

All office hours are Monday through Friday from 8:00 am to 5:00 pm.

For Eastbank & LaSalle Park - call Patricia at 736-6999, ext. 89319 or ptolar@jeffparish.net

For Westbank - call Bridgette at 349-5000 Ext. 87204 or bcomeaux@jeffparish.net

For Lafreniere Park - call Cathy at 838-4389 or ccutress@jeffparish.net

Boat Launches

Glisson Park in Crown Point

Rosethorne at Rosethorne Playground in Lafitte

Bonnabel Boat Launch in Metairie.

Bucktown Marina

Located on Lake Pontchartrain off the Old Hammond Highway. Picnic areas also on site.

Dog Parks

Bonnabel at the end of Bonnabel Blvd by the Boat Launch.

Lafreniere Park - a 5-acre facility located inside the Park.

Both are FREE for you and your pet to enjoy.

Fishing Piers

Lower Lafitte - a handicapped accessible fishing pier on the waterway in Lafitte

Rosethorne - built in 2012, this is located by the boat launch at Rosethorne.

Bonnabel - reopened in 2014 - is located at the Bonnabel Boat Launch.

Meeting Rooms

Most rooms available for meetings, parties, showers, birthdays, etc. Any function consuming alcohol or having a large number of people will be required to have a

Jefferson Parish deputy on duty. Arrangements will be made at the time of the reservation.

Quadraplex

JPRD currently has two that are available for rental both of which consists of 4

softball fields with a

pressbox- concession -

restroom building in the center. LaSalle has covered bleachers and Parc des Familles will soon have same.

Running Tracks

Available for rental:

Johnny Jacobs or *Kings Grant* on the Westbank

Pontiff and *Jefferson* on the Eastbank

Jefferson - 1 lap - 1/4 mile

Pontiff - 1 lap 1/4 mile

J. Jacobs - 1 lap - 1/4 mile

Kings Grant - 1 lap - 1/4 mile

Spray Park

Lafreniere Park - located near the Carousel.

This amenity opened in July 2012 and is available for public sessions and private parties.

Stadiums

Mike Miley Stadium on West Metairie in Metairie is used not only by our teenage boys programs, but by local area high schools. It has an artificial turf infield.

Miley Softball Complex on Saints Drive in Metairie is used by our girls' programs and local area high schools.

Segnette Field, located at the Alario Sports Complex just off the Westbank Expressway, is used by our boys teenage programs, local area high schools and some colleges. It has an artificial turf infield.

Swimming Pool

Johnny Jacobs

This outdoor pool is open during summer months for Public Swim Sessions. Call office for hours.

Tot Lot (Play Equipment Areas)

Available at almost all of our playgrounds and at various satellite sites throughout Jefferson Parish.

Tennis Courts

Available at no charge at most playgrounds on a first come, first serve basis, except when reserved for our programs. When using, please be considerate and limit your use to 1 hour if others are waiting to play. Private or group lessons not allowed unless offered by JPRD.

Walk Tracks

Eastbank Locations:

LafreniereePark-2mi

LaSalle Park-
LaSalle Loop-1 mi
Zephyr Loop-1.2 mi
Outer Perimeter-1.8 mi
Pontiff-1 mi

Westbank Locations:

Avondale North-.25 mi
Avondale South-.25 mi
Bellemeade-
Bent Tree-.25 mi
Claiborne Gardens-.25
Esther St.-.18 mi
Harvard Ave-5 laps=1mi
Hwy 90 Avondale-.16
Oakdale - .50 mi
PARD - .66 mi
Thomas Jefferson-.25
Westminster-.25 mi
Wilson St-.53
Woodland West-.25 mi

BOOKING POLICIES

RESERVATION POLICIES

1. Reservation must be requested 10 working days in advance.
2. Reservations accepted Monday through Friday from 8:00 am through 4:00 pm.

RULES AND REGULATIONS:

1. Profit-making functions not allowed except for JPRD or playground booster functions or sanctioned events.
2. No publicity, tickets, or invitations can be issued until reservation application and publicity is approved by JPRD.
3. We reserve the right to:
   Pre-empt any activity for a JPRD function and will attempt to notify you as far in advance as possible.
   Cancel any previously confirmed booking for violation of these rules.
4. All JPRD facilities are SMOKE FREE.
5. No mechanical or live animal rides; no water play equipment (such as water slides, slip-n-slides, etc.)
6. Liability coverage (minimum of $1 million required for Space Walks and/or other such apparatus.
7. No boiling and/or frying of food. Debris must be put into dumpster or trash cans. No boiled seafood for indoor reservations.

CANCELLATIONS:

1. Must be requested, in writing, 10 working days in advance - $20 fee charged.

BEVERAGES:

1. No glass containers allowed.
2. Any function consuming alcohol or having a large number of people will be required to have a Jefferson Parish deputy on duty. Arrangements will be made at the time of the reservation.

To register for a CLASS or MINI CAMP - Send this form along with the fee(s) to:
JPRD WESTBANK, ATTN: Leisure Service, 7437 Lapalco Blvd, Marrero, LA 70072

Class _____ Playground _____

Class Day (of week) _____ Time_____ Start Date _____

Participant Name _____ M _____ F _____

Age (Children only) _____ Date of Birth _____/_____/_____

Address _____ City _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email address: _____ @ _____

IF ABOVE IS A MINOR, PLEASE COMPLETE THE FOLLOWING:

Mother's Name _____ Work Phone _____Cell _____

Father's Name _____ Work Phone _____Cell _____

Emergency Name _____ Relationship _____Phone_____

Parks and Recreation reserves the right to expel anyone from a class or camp due to unacceptable behavior. Falsified or incomplete registration will result in rejection of your application and/or dismissal from class/camp. In case of an emergency or accident, my signature below, authorizes JPRD to seek immediate medical care. I have read and understand the rules and regulations above and do agree to comply.

Signature _____ Date _____

Amount enclosed $_____ Money Order ___ Check No _____ Received by_____ Date _____

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Jefferson Parish Government

Parish President
Cynthia Lee-Sheng

Parish Council at Large
Ricky J. Templet, Division A
Scott Walker, Division B

Council Members:

Marion F. Edwards, Dist. 1

Deano Bonano Dist. 2

Byron Lee, Jr. Dist. 3

Dominick Impastato Dist.4

Jennifer Van Vrancken Dist. 5

DEPARTMENTAL DIRECTORY
349-5000

Administration 736-6999
JPRecreation@jeffparish.net

Julie Valence, Administrative Assistant
JValance@jeffparish.net
Chris Villarrubia,
Administrative Management Specialist
CVillarrubia@jeffparish.net
Antoinette Holmes,
Administrative Assistant
AHolmes@jeffparish.net

JPRD SEEKING SPONSORS

Interested in becoming a sponsor of JPRD? Call our office 504-736-6999 for details

Jefferson Parish Department of Parks & Recreation

Mario Bazile, Director

Leo J. Webb, Assistant Director

7437 Lapalco Blvd, Marrero, LA 70072

Phone: 504-349-5000 Email - jprecreation@jeffparish.net

Fax: 504-349-5016 Office Hours: Monday-Friday, 8am-5pm

WESTBANK ADMINISTRATION
Gerry Constant, Administrator
GConstant@jeffparish.net Ext. 85010
Ingrid Stoufflet, Typist Clerk III
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AWeisler@jeffparish.net Ext. 87202
Sue Amor, Zone Manager
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Jarette Carmouche, Zone Manager
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Bridgette Windsor, Facility Reserv Coord
BComeaux@jeffparish.net Ext . 87204
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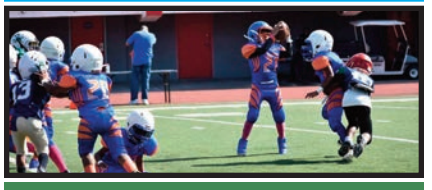
Julie McDonald, Receptionist
JMcDonald@jeffparish.net Ext. 85000
Deborah Duker, Clerk II
DDuke@jeffparish.net Ext. 87218



ATHLETICS:
Brent Griffin, Area Coordinator
BGriffin@jeffparis,net Ext. 85011
Danielle Williams, Admin. Asst.
DBWilliams@jeffparish.net, Ext. 87209

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Dawn Lauland Physical Programs
DLauland@jeffparish.net Ext. 87216
Garry Vedros, Golden Age
GVedros@jeffparish.net Ext. 87215
Jennifer Walker, Cultural Programs
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Susan Hirschmann, Disabled Programs
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Anthony Richard, Electrician Supv
ARichard@jeffparish.net Ext. 87222
Dominick Leone, Grounds Supv
DLeone@jeffparish.net Ext. 87225
Steven Williams, Buildings Supv
SCWilliams@jeffparish.net Ext. 87224

Westbank Recreation Facilities Directory

Avondale Plgd.....736-8465
709 S. Jamie Blvd, Avondale 70094
Willie McCall, Supervisor
WMcCall@jeffparish.net
Belle Terre Plgd.....349-5044
5600 Belle Terre Rd, Marrero 70072
Kathy Forsyth, Asst Supervisor
KForsyth@jeffparish.net
Bridge City Plgd 736-8466
400 11th St, Bridge City 70094
Luis Aldana, Supervisor
LAldana@jeffparish.net
Estelle Comm Ctr 349-5047
5012 Ehret Rd, Marrero 70072
Estelle Plgd.....349-5964
5801 Leo Kerner Lafitte Pkwy
Marrero 70072
Tiffany Joseph, Supervisor

Harold McDonald Sr.....349-5027
900 Drake Ave, Westwego 70094
Harvey Plgd.....364-3681
2240 Alamo St, Harvey 70058
Jeb Klink, Supervisor
JKlink@jeffparish.net
J. Jacobs Plgd.....349-5041
5851 5th Ave, Marrero 70072
Kenneth Averette, Supervisor
KAverette@jeffparish.net
Kennedy Hgts. Plgd.....736-8467
248 Mission Ct, Avondale 70094
Shawn Burras, Supervisor
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Kings Grant Plgd 349-5040
3805 15th St, Harvey 70058
Terry Ponthieux, Supervisor
TPonthieux@jeffparish.net

M L King Plgd.....364-3682
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RGaston@jeffparish.net
Nicholson Plgd 349-5043
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Donald Lewis, Supervisor
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Oakdale Plgd.....364-3684
650 Wall Blvd, Gretna 70056
Rory Luke, Supervisor
ROLuke@jeffparish.net
PARD Plgd.....349-5042
5185 Eighty Arpent Rd, Marrero
Cory Parker,Supervisor
CParker@jeffparish.net

Rosethorne Plgd.....689-3835
865 Jean Lafitte Blvd, Lafitte 70067
Michael Coleman, Supervisor,
MColeman@jeffparish.net
Terrytown Plgd.....364-3683
Golden Age Center 364-3680
641 Heritage Ave, Terrytown 70056
Lillian Hennessey, Supervisor
LHennessey@jeffparish.net
Waggaman Plgd.....736-8468
516 Dandelion St, Waggaman 70094
Randy Braniff, Supervisor
RBraniff@jeffparish.net
Woodmere Plgd 349-5020
4100 Glenmere Dr, Harvey 70058
John Brooks, Supervisor
JBrooks@jeffparish.net