

BENEFITS INFORMATION HELP DIRECTORY

Jefferson Parish Website	www.jeffparish.net
Employee Intranet Portal	http://jpnet/home/
Department of Human Resource Management	504-736-6180
Medical Benefits	
United Healthcare - Group Number 902944 – www.myuhc.com	1-800-357-0958
Dental Benefits	
Delta Dental PPO - Group Number 03735 - www.deltadentalins.com	1-800-510-9932
Cigna Dental HMO - Group Number 3217784 – www.cigna.com	1-800-244-6224
Employee Assistance Programs	
United Healthcare - Care 24 Program	1-888-887-4114
The Standard Insurance EAP Program	1-888-293-6948
Additional Supplemental Insurance Plans	
The Standard Insurance – Life Insurance	1-800-628-8600
The Standard Insurance – Long Term Disability	1-800-368-1135
Ameriflex – Flexible Spending - www.myameriflex.com	1-888-868-3539
Supplemental Insurance Local Representative - Gary McCarthy	504-457-2010 ext 14
Colonial Life - Cancer, Short-Term Disability, Critical Illness, Term Life, and Hosp. Confinement	1-800-325-4368
AFLAC – Accident Insurance	1-800-992-3522
Allstate – Universal Life Insurance	1-800-877-7994
VSP Vision Plan - www.vsp.com	1-800-877-7195
Financial	
Jefferson Parish Employees' Federal Credit Union	504-736-6144
Deferred Compensation (Nationwide Retirement Solutions) www.nrsforu.com	1-877-677-3678 Ext *0
Local Nationwide Representative - David Miller	985-438-1514
Retirement Benefits	
Jefferson Parish Employees' Retirement Office	504-364-2668
Parochial Employees Retirement System	225-928-1361
Health/Fitness Centers	
East Jefferson General Wellness Center	504-849-6868
West Jefferson Fitness Center	504-348-0055
Ochsner Fitness Center	504-733-1600
Manhattan Fitness Center	504-362-2200
East Jefferson YMCA	504-888-9622